

## **OUR LENTEN ACTIVITY FOR LENT 2021**

### **CATHOLIC CHARITIES CENTER FOR HOPE, FLINT MICHIGAN**

Brothers and sisters, you are encouraged to take a bottle of holy water and a copy of the healing prayer for your Lenten devotion.

An adult can live for seven days without food, but without water for only three days. Within our faith, water is used in baptism where we become the children of God. The Bible has many instances showing the importance of water. God's Spirit hovers over the waters in creation, the great flood, the parting of the Red Sea, water from a rock in the desert, Naaman's healing, Jesus' baptism, the wedding feast at Cana, Jesus' walking on the water, and His meeting the woman at the well.

Water is life, yet the people in Flint, Michigan did not know that they were drinking polluted water for years, resulting in permanent physical disabilities for some of the residents. (For example: lead poisoning/learning disabilities in children) The Center for Hope, of Catholic Charities in Flint supplies the community with safe drinking water.

As part of your Lenten sacrifice, please consider giving up a treat, like Starbucks or McDonald's, and donating that amount to the church each week. There is a jar for your donation; you can give cash or a check made out to Sts. Teresa and Bridget with "Water project" in the memo line. At the end of Lent, the total amount will be sent to the Center for Hope.

May you have a blessed, holy, and safe Lent.

The Worship Committee

For more information, the website is: [www.catholiccharitiesflint.org/center-for-hope](http://www.catholiccharitiesflint.org/center-for-hope). Click on "Water Distribution"